

**Learning to Illustrate:
The Ancient Danube Valley Workshop
with Su Goddard**

Fri 20 Aug, 11am - 3pm
Cost: £35.00 (all materials included)
Booking essential

In discovering a Lost World of Old Europe (5000-3500 B.C.) our expert on Prehistoric Art Su Goddard offers you a day of learning to illustrate ancient artefacts using the 250 artefacts in the Danube exhibition as examples.



Some drawing experience is preferred but not essential.
Online payment & booking required or telephone 01865 278015
www.ashmolean.org/exhibitions/events

**Vacancy for Clerk to
Appleton with Eaton Parish Council**
From mid-August 2010. 30 hours per month.
Full details are on the Parish website:
www.appletonwitheaton.org.uk

DIABETES – DO YOU KNOW WHAT TO LOOK FOR?

There are currently over 2.6 million people with diabetes in the UK and up to half a million people who have the condition but don't know it according to Diabetes UK. NHS Oxfordshire wants to raise awareness of the condition.

The main symptoms of undiagnosed diabetes include extreme tiredness, increased thirst, blurred vision, passing urine frequently (especially at night), and regular episodes of thrush.

In Type 1 diabetes the signs and symptoms will usually be very obvious, developing quickly. In people with Type 2 diabetes the signs and symptoms will not be so obvious or even non-existent in people with Type 2 diabetes. If you're older you may put the symptoms down to 'getting on a bit'.

The key is taking early action, so if any of these symptoms apply to you ask your GP for a diabetes test. In both types of diabetes, the symptoms are quickly relieved once the diabetes is treated. Early treatment will also reduce the chances of developing serious health problems in the future.

Katie Seal, Community Diabetes Nurse Specialist, said: "If you or someone you know has recently been diagnosed with type 2 diabetes there is support available, such as the diabetes2gether course, to help understand, live with and effectively manage the condition."

To find out more about diabetes2gether go to:
www.oxfordshirepct.nhs.uk/your-health/

**GARDEN OPEN at Peads Farm, Ford Lane, Frilford
in aid of funds for Saint Nicolas' Church, Frilford**
Sunday 4th July from 2.00pm to 4.00pm
Admission £3.00 to include a drink of refreshment. Accompanied children free. Parking on site. Mixed herbaceous borders, large pond, one acre vegetable garden, orchard and fruit garden. Plants on sale. For further details please phone 01865 391 365.

CANCELLED

**THE RED QUEEN, SNARKS AND MAD HATTERS
OXFORD'S ALICE'S DAY SATURDAY 10 JULY 2010**

A surreal Snark Hunt in Oxford University's Botanic Gardens, a children's tea party in Christ Church Cathedral, and a Jabberwocky celebration are just a few of the new events planned for this year's Alice's Day in Oxford on Saturday July 10.

The full programme is now available online at www.storymuseum.org/alice and also features some new locations: families can see the Red Queen and playing-card sentries perform in Oxford Castle's Market Square, and Wonderland Illusions at Science Oxford. Families are invited to come in fancy dress and bring a picnic. Most events are free.

www.storymuseum.org/alice

July / August 2010

An Experiment with an Air Pump

by Shelagh Stephenson
This play is unsuitable for under 16s.
Unicorn Theatre, Abingdon
Wednesday 14th - Saturday 17th of July at | 7:30pm



Tickets: £8 (Conc. £7) from The Bookstore, Abingdon Precinct. See website for more booking details:
www.abingdon-drama-club.com

**BBOWT Berkshire, Buckinghamshire
and Oxfordshire Wildlife Trust
BEES IN YOUR GARDEN**



A talk on wild bees by
Ivan Wright of Shotover Wildlife
with some examples for closer inspection
Upper Hall The Methodist Church
High Street Witney OX28 6HG
Saturday 3 July 10.30 am - 12.30 pm
Admission free (donations welcome)
Contact: Shirley 01865 371297
shirley88jarvis@googlemail.com

ISIS Chamber Orchestra

Classical music for a Summer Evening
with orchestra & Helen Maxey soprano.
All Saints' Church Marcham
8pm, Sat. 3rd July 2010



Wine and refreshments available
Tickets: £10 (£8 Concessions), available on the door
or in advance from Manor Farm, Marcham or Neil on
01235 820874.

All proceeds from this concert will go towards the
Moldova Lifeline, Send a Cow
and Vila Maninga projects.
www.isischamberorchestra.org.uk

**Unfortunately Graeme Innes is not available this
summer for your gardening jobs**

**BUT the good news is JOS ROWE IS!!
GET HIM BOOKED QUICK!!**



References available on request.
Pond digging, hedges, strimming, lawns....
£6 per hour. 07849 078089


ABINGDON
PREPARATORY SCHOOL

You are very welcome to come and visit us at anytime.
We have a few places left for September 2010 except
in Years 2 and 6 where waiting lists apply.

For more information, or to make an appointment, please
call Jacky Barratt on 01865 391570 or email
registrar@abingdonprep.org.uk

Autumn Term Open Mornings:

- Pre-prep - Tuesday 19 October
- Years 3,4 and 5 - Saturday 13 November

We look forward to seeing you