

Marcham Baptist Church

(Packhorse Lane)

January 2011

Sunday Morning Worship at 10.30 am

(Communion every first Sunday)



Our speakers for the New Year include :-

Jan. 2nd Rev. Brian John of Wantage

Jan. 9th People's Praise

Jan. 16th Mr. Tony Valente of Abingdon Baptist Church

Jan. 23rd People's Praise

Jan. 30th Mr. Nigel Chown of Abingdon Baptist Church

Getting in shape can be dangerous. According to one report, the two most hazardous methods middle-age Europeans use to keep fit are riding a bike and playing football. Last year over 209, 000 people were injured riding bikes or playing football.

Why do people risk injury to stay or to get physically fit? Because they see some benefit, like feeling better, maintaining the body structure they want, or living longer. They are willing to endure the sweat and tears it may take to get that heart pumping and those weak muscles working.

The Bible says bodily exercise profits us a little, but it also says our greater responsibility is to exercise spiritually (1 Timothy 4:8). Do we have the same determination as those bikers and footballers who are risking pain and injury to get in shape?

The real danger comes when we don't get in shape spiritually. Unless we experience some gain in our relationship with the Lord, we'll know the pain of broken fellowship and lack of spiritual effectiveness.

The good thing about spiritual exercise is that it helps us in this life and in the life to come (v.8).

Bory Pilgrim

"We pray God's blessing for each one of you in the coming Year"

For further information on church activities:

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Marcham Baptist is affiliated to the Baptist Union of Great Britain